

TCMTFA - September News

Concussion awareness - Rowan's Law

At the TCMTFA we're well aware of the risks and the tragedies associated with concussions – and we take measures, such as concussion awareness training and prevention for all of our coaches.

Though many point to football as being high risk, the reality is that **concussions can occur in any sport** – but especially in youth sports, due to both high levels of activity but also the aptitude of young athletes to 'suck it up' and avoid telling parents and coaches if they're feeling unwell.

The TCMTFA urges you, as parents and agents, to learn more about concussion prevention and speak with your athletes regularly so that they learn the signs and symptoms.

Also, we would encourage you to learn about Rowan's Law which is an important petition moving throughout Ontario to help ensure greater awareness and better treatment for concussion related injuries in Ontario. Visit http://rowanslaw.ca/ to learn more and to sign the petition.

Former Warhawk makes the NFL!

Cheer on Tyler Varga and the Indianapolis Colts this NFL season. Learn about his success.

TCMTFA players, parents and fans cheered on the Tiger Cats vs. the Eskimos on September 19!



Other Association News

Upcoming Events

Tiger Cats vs. Roughriders – October 9 @ 7:30 pm Reduced tickets available if purchased through the TCMTFA. Learn more.

Laurier Minor Football Day – October 9 @ 7:00 pmFree admission for all players who wear their TCMTFA jerseys. Reduced ticket prices available for family. **Learn more.**

2015 Waterloo Region High School All Star – Predators Bowl

TCMTFA and Predators Football are proud to announce the 2nd Annual Waterloo Region High School All-Star Predators Bowl.

Tryouts – October 17 & 24 – Open to all High School Students in the Waterloo Region.

Games – Predators Bowl games - November 14
Show your support and plan to attend!
For more information on tryouts or the Predators Bowl games, visit here.

Predators Information Night - November 5 @ 7:00 pm Come out and meet the 2016 Predators coaches, our certified athletic therapists, affiliated cities representatives and volunteers. Location: Hauser Haus at the Waterloo Rec Centre, 101 Father David Bauer Drive.

Lockup Hours

Latest lockup hours are now posted online.

Board Nominations for 2016 – Deadline October 31!Deadline for nominations is October 31. Help make a difference to the TCMTFA football program. <u>Learn more here.</u>

TCMTFA 2015 Volunteer of the Year Award Deadline October 15

Make your nomination for the TCMTFA's 2015 Volunteer of the Year - who will also be recognized at the 27th annual Kitchener Sports Association (KSA) Volunteer Recognition Night! <u>Learn more</u>.